

CNA Practice Test 2 (50 Questions Answers)

51. The best food choices for a geriatric patient with no teeth would include

- a. hamburger, french fries, corn, and ice cream
- b. baked chicken, dressing, green beans, and coconut macaroons
- c. spare ribs, macaroni and cheese, coleslaw, and fruit cocktail
- d. baked fish, whipped potatoes, spinach souffle, and tapioca.

Answer: ____

52. When checking a tray after a patient has eaten, you should note the total amount of

- a. food provided
- b. liquid and solids consumed
- c. food lost to spills
- d. caloric intake

Answer: ____

53. When assisting a patient to use the bedside commode, it is important to

- a. leave the signal cord within reach
- b. place toilet tissue close by
- c. return to check on the patient periodically
- d. all of the above

Answer: ____

54. When assisting Mr. Byrd, a blind patient, with his meal, you should

- a. sit next to him to help
- b. identify each item on his tray
- c. feed him so he won't spill his food
- d. insist that he use only a spoon

Answer: ____

55. In order to feed herself, a blind patient would need

- a. a clear liquid diet
- b. a large spoon as the only utensil
- c. help to identify items on the tray
- d. a mechanical soft diet

Answer: ____

56. Which of the following lists only items that would be included in fluid intake?

- a. milk, ham sandwich, ice cream bar
- b. water, mashed potatoes, gelatin
- c. milk, custard, soup
- d. orange juice, soft-boiled egg, toast

Answer: ____

57. The purpose of cold applications is usually to

- a. speed the flow of blood to the area
- b. prevent heat exhaustion
- c. prevent or reduce swelling
- d. prevent the formation of scar tissue

Answer: ____

58. The hot water bottle is an example of a

- a. local dry heat application
- b. generalized dry heat application
- c. local moist heat application
- d. generalized moist heat application

Answer: ____

59. Which of the following is true regarding visually challenged residents?

- a. Blind patients use a clock system to locate food.
- b. Residents usually prefer to eat alone.
- c. Patients prefer to be fed to prevent spills.
- d. All of the above are true.

Answer: ____

60. Sputum is material that is coughed up from the

- a. nose
- b. lungs
- c. throat
- d. stomach

Answer: ____

61. Patients receiving an enema are usually placed

- a. on the right side
- b. on the left side
- c. flat on the back
- d. in a semi-sitting position

Answer: ____

62. You should clean a female patient's perineal area before you collect a

- a. 24-hour urine specimen
- b. midstream clean-catch urine specimen
- c. pediatric routine urine specimen
- d. routine urine specimen

Answer: ____

63. The phase when the heart is at rest is called

- a. systole
- b. diastole
- c. asystole
- d. cardiac arrest

Answer: ____

64. The most common site for counting the pulse is the

- a. carotid artery
- b. femoral artery
- c. brachial artery
- d. radial artery

Answer: ____

65. The nursing assistant must use a stethoscope to determine the

- a. apical pulse rate

- b. carotid pulse rate
- c. popliteal pulse rat
- d. brachial pulse rate

Answer: ____

66. When taking an axillary temperature, the nursing assistant should leave the thermometer in place for

- a. 10 minutes
- b. 8 minutes
- c. 5 minutes
- d. 3 minutes

Answer: ____

67. When counting respirations, you should

- a. wait until after the patient has exercised
- b. not tell the patient what you are going to do
- c. count 5 respirations and then check your watch
- d. have the patient count respirations while you take her pulse

Answer: ____

68. The parts of the body involved in maintaining a sufficient intake of air include the

- a. mouth and nasopharynx
- b. trachea and larynx
- c. bronchi and alveoli
- d. all of the above

Answer: ____

69. With catheterized patients, which of the following is NOT the nursing assistant's responsibility?

- a. insertion of catheter
- b. prevention of infection
- c. checking to make sure the catheter is draining properly
- d. recording output

Answer: ____

70. Which statement about a routine urine specimen is correct?

- a. It must be taken first thing in the morning.
- b. It can be collected any time of the day.
- c. It does not have to be stored in the refrigerator.
- d. It does not have to be noted on the I & O sheet.

Answer: ____

71. A specimen collected by having the patient cough from the lungs and bronchial tubes is called

- a. saliva
- b. mucus
- c. sputum
- d. spit

Answer: ____

72. A sphygmomanometer is an instrument used for measuring

- a. temperature

- b. pulse
- c. respirations
- d. blood pressure

Answer: ____

73. When you shake down a thermometer, the mercury should be below

- a. 95 degrees F
- b. 96.8 degrees F
- c. 98.6 degrees F
- d. the arrow

Answer: ____

74. When you complete an incident report, you should

- a. write in the patient's chart that an incident occurred
- b. keep the report in your personal file
- c. state the facts clearly
- d. give your opinions as to the cause of the incident

Answer: ____

75. When giving a backrub, what kind of strokes should you use?

- a. short, crisp strokes
- b. long, deep strokes
- c. long, fluid strokes
- d. none of the above

Answer: ____

76. All long-term-care nursing assistants must be competency evaluated and must complete a distinct educational course. These requirements are set by

- a. OBRA
- b. OSHA
- c. CDC
- d. FDA

Answer: ____

77. You can safely identify your patient by

- a. asking his name
- b. calling his name and waiting for his response
- c. checking the bed plate
- d. checking the name tag

Answer: ____

78. OSHA rules specify that, when you wash out soiled linens, you must wear

- a. gloves
- b. goggles
- c. gloves and goggles
- d. gloves, goggles, and apron

Answer: ____

79. The vessels that carry oxygenated blood from the heart to the body are called

- a. veins
- b. arteries
- c. venules

- d. capillaries

Answer: ____

80. Sexuality changes in aging can result in

- a. decreased sexual desire
- b. unchanged sexual desire
- c. increased sexual desire
- d. all of the above

Answer: ____

81. H.S. care is care that is given

- a. before meals
- b. before bedtime
- c. after meals
- d. upon awakening

Answer: ____

82. When family members visit a resident, the visitors should

- a. stay in the day room
- b. stay a short while so as not to tire the resident
- c. be expected to help with care
- d. be allowed privacy with the resident

Answer: ____

83. Your resident has a right hemiplegia. When up in a chair, the resident's right arm should be

- a. placed in her lap
- b. allowed to dangle freely
- c. be elevated on a pillow in her lap
- d. none of the above

Answer: ____

84. Urinary retention refers to

- a. normal output of urine
- b. inability to urinate
- c. incontinence
- d. large output of urine

Answer: ____

85. A prosthesis is

- a. an artificial substitute for a missing body part
- b. a device for moving patients
- c. an expected condition of the aging process
- d. a disease of the circulatory system

Answer: ____

86. You may attend resident council meetings if

- a. you are invited to attend
- b. your superior assigns you to attend
- c. you are interested in what the residents are discussing
- d. none of the above

Answer: ____

87. The proper medical abbreviation for before meals is

- a. p.c.
- b. b.i.d.
- c. a.c.
- d. t.i.d.

Answer: ____

88. The proper medical term for high blood pressure is

- a. diabetes
- b. hypertension
- c. hypotension
- d. CVA

Answer: ____

89. Which of the following is considered a resident's right?

- a. having curtains pulled during personal care
- b. having personal information kept confidential
- c. receiving and sending private mail
- d. all of the above

Answer: ____

90. A resident wishes to wash her own underwear. You should

- a. ignore the request
- b. tell her that clothing must go to the laundry
- c. tell her you will do it
- d. help her obtain supplies

Answer: ____

91. When performing catheter care, the nursing assistant should wash the catheter

- a. toward the meatus
- b. with Betadine soap
- c. away from the meatus
- d. with alcohol

Answer: ____

92. The enzyme secreted by the liver to help digest fats is

- a. bile
- b. insulin
- c. estrogen
- d. lactose

Answer: ____

93. The abbreviation TPN stands for

- a. total protein nutrients
- b. total parenteral nutrition
- c. total parietal nutrients
- d. none of the above

Answer: ____

94. The material in the digestive tract that helps provide lubrication for passage of food is

- a. stomach acid

- b. sputum
- c. mucus
- d. phlegm

Answer: ____

95. Ventricles is a term that refers to

- a. vessels and chambers in the heart
- b. chambers of the heart and lungs
- c. chambers of the heart and kidneys
- d. chambers of the heart and brain

Answer: ____

96. OSHA rules require all health care workers to be offered immunization against

- a. hepatitis B
- b. hepatitis A
- c. hepatitisC
- d. AIDS

Answer: ____

97. Which abbreviation means no food and no water should be given?

- a. NFW
- b. PON
- c. NPO
- d. ABR

Answer: ____

98. The proper medical term for brittle bones is

- a. osteomalacia
- b. osteoarthritis
- c. osteosarcoma
- d. osteoporosis

Answer: ____

99. Lack of movement can cause wasting of muscle tissue. This is called

- a. contracture
- b. atrophy
- c. dystrophy
- d. anomaly

Answer: ____

100. Normal hearing loss in aging is usually related to the ability to hear

- a. high-pitched sounds
- b. loud sounds
- c. all sounds
- d. rapid speech

Answer: ____

Answers and Explanation Link

<https://gotestprep.com/cna-practice-test-1/>